

Fairville Friends School - Lunch Menu – September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
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6	7	8	9	10
13 MUFFIN MONDAY! PUMPKIN MUFFINS CHEESE CUBES VEGGIES	14 GRILLED CHEESE ON WHOLE WHEAT BREAD PICKLES FRUIT	15 YOGURT GRANOLA FRUIT	16 BAKED FRENCH FRIES HUMMUS FRUIT	17 CHEESE PITA PIZZA VEGGIES FRUIT
20 MUFFIN MONDAY! BANANA MUFFINS CHEESE CUBES VEGGIES	21 SCRAMBLED EGGS WHOLE WHEAT TOAST FRUIT	22 MAC AND CHEESE VEGGIES	23 SUNBUTTER SANDWICHES WITH BANANA VEGGIES	24 FAIRVILLE SALSA WHOLE GRAIN CHIPS CHEESE CUBES FRUIT
27 MUFFIN MONDAY! BLUEBERRY MUFFINS CHEESE CUBES VEGGIES	28 HUMMUS PINWHEELS WITH VEGGIES AND FRUIT	29 PASTA WITH PARMESAN AND PEAS FRUIT	30 YOGURT GRANOLA FRUIT	

Menus at Fairville follow a vegetarian diet and include dairy products. For many young children, some of the foods will be new. Our policy is to encourage children to try unfamiliar food. Please inform us if your child has food allergies. All lunches are served with organic milk or water. Snacks are served with water. Please consider the menu a "draft" as changes may be made based on availability of organic, locally grown or seasonal items.